

Tri-Cities shelter resources

Men

Garfield Hotel: 604-512-2421

1107 Royal Ave., New Westminster
Registration 6:00 pm – 10:00 pm
Meal tickets. No alcohol/drug use.

Stevenson House: 604-526-4783

32 Elliott St., New Westminster
Referral through MEIA. No alcohol/drug use

Women

Fraserside Emergency Shelter: 604-522-3722

519 Seventh St., New Westminster
Referral through MEIA. No alcohol/drug use.

Men & Women

The Caring Place: 604-8296 or 807-8290

22188 Lougheed Hwy., Maple Ridge
Shelter and meal services. No alcohol/drug use.

Tri-Cities food banks

Trinity United Church

2211 Prairie Ave., Port Coquitlam
Wednesdays 12:00 pm – 2:00 pm

SHARE Family & Community Services

2615 Clarke St., Port Moody
Wednesdays 12:00 p.m. – 2:00 p.m.

Como Lake United Church

535 Marmont St., Coquitlam
Wednesdays 12:30 pm – 2:30 pm

Feed the Hungry Outreach: 604-521-8414

333 Sixth St., New Westminster
Drop-in Centre entrance at rear

Other resources

Hope for Freedom Outreach & Advocacy

778-862-0692
3237 Liverpool St., Port Coquitlam